

# Burke Girls Basketball Summer clinics



## Basketball Skills Clinic

This clinic is designed to improve player's understanding of the game at the highest level possible. We will focus on the fundamentals of defense and offense through very specific drills and games. We will also build on athlete's ideas about what teamwork is and continue building our TEAM environment.

### What to expect:

- Rebounding drills and games
- Shooting drills and games
- Ball handling drills and games
- Defensive footwork drills
- Defensive concepts drills and games
- Situation drills and games
- Passing drills and games
- Team drills and games

**Where:** Burke High Gym

**When:** June 3, 4, 5, and 6<sup>th</sup> from 12:00pm - 3:00pm.

**Who:** This camp is open to any girls interested in playing basketball-entering grades 8-12.

**Cost:** \$50

### Combo Clinic Option

If you sign up for both clinics, the total cost will be reduced to only **\$70!** That includes the skills clinic with take home drills and suggestions for specific skill improvement, shooting clinic with take home drills and evaluations, and video of your shooting technique to help you continue improving throughout the summer! If you would like to pay full price as an incentive to help our program, please feel free to do so as that would be greatly appreciated!

*\*\*\* These camps are utilized as a fundraiser for our program to buy equipment, clothing, and other important materials needed to compete at our highest potential. If you have a returning player or new player to our program and cost is potentially preventing your athlete from competing, please reach out to Coach Howard so arrangements can be made. \*\*\**

**For any questions, please contact Coach Howard at: [randall.howard@ops.org](mailto:randall.howard@ops.org) or call 402-557-3200.**



## Basketball Shooting Clinic



This clinic is designed to improve player's shooting ability. This clinic will build off of the skills clinic and provide a short video of each player's shot before and after the clinic. We will also provide a shooting evaluation for each player along with specific drills tailored to each player to maximize their success and consistency shooting the ball.

### What to expect:

- Off the dribble shooting
- Off ball screen shooting
- Off of pass shooting
- Proper footwork for best consistency
- Whole body shooting fundamentals
- Situational and Volume Shooting
- Games and drills each day

**Where:** Burke High Gym

**When:** June 10, 11, 12, and 13<sup>th</sup> from 2:00pm - 5:00pm.

**Who:** This camp is open to any girls interested in playing basketball-entering grades 8-12.

**Cost:** \$35



Name \_\_\_\_\_ Grade 8 9 10 11 12

Address \_\_\_\_\_

Parent/Guardian Email \_\_\_\_\_

T-Shirt Size            S        M        L        XL        XXL        (unisex sizes)

Attending - Skills Clinic (\$50) \_\_\_\_ Shooting Clinic (\$35) \_\_\_\_ Both (\$70) \_\_\_\_

Return this bottom portion and appropriate payment to the Burke bookstore or mail to:

Burke Girls Basketball  
12200 Burke Blvd  
Omaha, NE 68154

\*Checks should be made out to Burke Girls Basketball.